

Curriculum Nutritional Medicine 2026

Iron metabolism: from nutrition to disease management

Tuesday, 3rd of March 2026, 4:15 - 5:00 pm

Prof. Dr. Dr. Michel Hochuli

Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism,
Inselspital

Prof. Dr. Alicia Rovó

Department of Hematology and Central Hematological Laboratory, Inselspital

Nutrition and inflammation

Tuesday, 2nd of June 2026, 4:15 - 5:00 pm

Prof. Dr. Dr. Lia Bally

Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism,
Inselspital

Prof. Dr. Britta Maurer

Department of Rheumatology and Immunology, Inselspital

«Ultra-processed food»: what it is and why we should worry about it

Tuesday, 3rd of November 2026, 4:15 - 5:00 pm

David Fäh

Department of Health Professions, Division of Nutrition and Dietetics, Bern
University of Applied Sciences

Beyond the scale: rethinking nutrition therapy with incretin mimetics

Tuesday, 1st of December 2026; 4:15 - 5:00 pm

Prof. Dr. Leonie-Helen Bogl

Department of Health Professions, Division of Nutrition and Dietetics, Bern
University of Applied Sciences

Caroline Heuberger

Department of Health Professions, Division of Nutrition and Dietetics, Bern
University of Applied Sciences

The curriculum Nutritional Medicine targets physicians and specialists in nutritional medicine, pharmacists, dietitians, nursing staff, food scientists/technologists and researchers. The goal of the curriculum is 3-fold:

1) Sparking interest and enthusiasm, 2) Transferring knowledge, 3) Fostering exchange and collaborations

Rules

- Login with your full name and enable your camera to identify yourself
- Keep your microphone OFF throughout the session (exception: asking questions)
- Use the Raise Hand feature or chat to signify the host/presenter that you have a question
- Copyright of content: Do not take pictures or screenshots

Please note that the Curriculum is accredited by SGED, SGAIM and GESKES and can be assigned to the CAS in Clinical Nutrition. For confirmation of your attendance please contact direktionsoffice.udem@insel.ch

Program committee

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Prof. Dr. med. Dr. sc. nat. Michel Hochuli

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Zoom-Link
Meeting-ID:
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466992